

## Training Module 1

# Understanding Intellectual and Developmental Disabilities and Learning Difficulties

## Module Summary

Duration	1 day (10am – 4pm)
Dates	Monthly, on 1 <sup>st</sup> Saturday of the month (starting September)
Venue	Online or in-person
Registration	¥50,000 for individuals. Organisations should contact us.
Certificate	ISDS Certificate of Completion.
Benefits	Free 1-year membership of ISDS Centre Library in Jos.

## Module Aims

This module aims to develop your understanding, knowledge and perception of intellectual and/or developmental disabilities (e.g., Down's Syndrome, Autism and ADHD); exploring basic facts about causes of disabilities, historical and contemporary concepts and models of disability, implications of terminologies such as intellectual disabilities, learning disabilities and learning difficulties, and ways to support individuals through exploration of case scenarios.

## Module Format:

- **Morning:** Lectures & Interactive Activities (Hybrid – online and in-person)
- **Afternoon:** Practical Work & Group Discussion (Hybrid – online and in-person)

## Learning Outcomes

By the end of the session, participants will be able to:

1. Discuss historical and current debates on perceptions/models of disability.
2. Distinguish between intellectual and developmental disabilities and learning difficulties.
3. Identify different types and causes of intellectual and developmental disability.
4. Understand how intersectionality affects the experiences of disabled individuals.
5. Recognise legislation and policy implications locally and globally.
6. Explore practical ways of supporting disabled individuals through case-based learning.