

Training Module 5

Understanding Social Research Methods, Research Design and Data Collection

Module Summary

Duration	1 day (10am – 4pm)
Dates	Every 4 months, on 3rd Saturday of the month (starting December)
Venue	Online or in-person
Registration	₦50,000 for individuals. Organisations should contact us.
Certificate	ISDS Certificate of Completion.
Benefits	Free 1-year membership of ISDS Centre Library in Jos.

Module Aims

This academic skills module introduces participants to the principles and philosophical foundations of social research, including both quantitative and qualitative approaches. It equips learners with essential skills to design and evaluate small-scale research projects, critically assess published research, and apply ethical standards. Through interactive sessions, participants will learn how to formulate research questions, select appropriate methodologies, methods, and interpret research findings. The module also supports participants at different stages of research, whether developing a new project or seeking guidance on an ongoing one, offering practical tools and mentorship to strengthen research in the fields of disability, mental health, and inclusion.

Module Format:

- **Morning:** Lectures & Interactive Activities (Hybrid – online and in-person)
- **Afternoon:** Practical Work & Group Discussion (Hybrid – online and in-person)

Learning Outcomes

By the end of the session, participants will be able to:

1. Understand and differentiate between social research paradigms.
2. Identify appropriate quantitative and qualitative research designs.
3. Apply ethical standards to the research process.
4. Formulate clear research questions and select appropriate methods.
5. Critically evaluate the quality of research evidence.
6. Design and plan a small-scale or literature-based research project or gain support with your ongoing research project.